

Where is the spirit?

Karen Peters

As yet another year winds down, do you feel that Granada is the best it can be? If not, what is the problem? Some mumble "lack of school spirit." Others blame it on the cliquish, popularity trip Granada students seem to be on.

Every year, Granada High holds elections in order to give students the chance to exercise the one democratic right they have. These elections form a new student council each year, which slips into the same old pattern of Homecoming Week, food and blood drives, a few semi-formal and stag dances, a couple proms, senior end-of-the-year activities, and handing out money. Big yawn! How about starting something new around here? What about having a Pancake Breakfast, or a fun day during lunch with organized games and music, or a fashion show, or a lip sync contest, or a carnival, or starting up department awards for outstanding students, or volleyball tournaments during lunch, or more assemblies, or a student forum, or a school picnic, or a battle of the bands, or a talent show, or faculty/student softball games, or a D.J. for a day at lunchtime, or an all night class party in the gym with a breakfast in the morning? *Many* ideas are floating around our campus and nobody seems to be able to catch them.

What will it take to liven this place up? I'll tell you: it will take a student body that demands, a student council that will work for it, and an administration that isn't afraid to let something exciting happen. With these changes in attitude, students will start to care about and be proud of their high school, instead of wishing for something to happen or not caring if anything does. Nothing comes from nothing and nothing ever will. *You* can do it, nobody else. Once students get excited, the administration will become aware, student council will receive more power, and school spirit will no longer be something to wish for. If this problem cannot be solved, then student government serves only as an activity to list on college applications. Is Granada going to change? Are you willing to support and encourage and input? If not, then don't read this article.

THE WALL

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What do you like about your kid?

Anthony Torrano's dad: I like how Anthony takes care of his brothers and sisters.

Ron Allen's mom: Because he eats his vitamins without being told and he takes his nephew to baseball games.

Scott Madsen's mom: I like how Scott gives me a kiss and tells me he loves me every morning before he goes to school.

Russell Cortez's mom: My son is a very good volleyball player and is very caring.

Kerry Kissling's dad: Her honesty and her innocence. I trust implicitly her values and judgement. What I appreciate about her is that she doesn't worry me with who she's with or what she's doing. My idea of the epitome of a good kid.

John Bernstein's mom: Good attitude. He's mellow. He doesn't get angry about things usually.

John Hunt's mom: He's mine. We never have to look up anything because he knows so much. He's a walking encyclopedia, which saves time and effort. It couldn't be his room. Also, his humor and report cards. He's helpful to have around.

Leslie Dean's dad: She's beautiful inside and out, she shows what's real, and she's very dependable.

Debbie Hatcher's mom: She's very competitive; it brings out her best. She's honest, which sometimes gets her into trouble, but she's very honest.

Liz Bryan's mom: She's my only daughter, she's the most precious thing to me. I love her, and she's my reason for living. She's a good kid. We're friends; I just love her.

David Goulart's mom: We're proud and fortunate to have a son who is sensitive and caring. He's always willing to help others. He's sensible enough to stay out of trouble and that's the way we love him.

Lee Myhre's mom: He makes me laugh when I'm down.

Darryl Campbell's mom: He's our first born, has a very good heart, very kind, helpful, and giving. He's a good big brother.

Troy Ferro's dad: He's open, honest, loving, compassionate, funny and a "stud."

Karl Gelger's mom: The most special things about Kari are her tenderness, sentimentality and loyalty. She is vicious when you say something negative about someone she loves. She is one of my best friends.

Jenny Williams' mom: She is kind, sharing, warm, understanding, caring and she feels strongly about poor people.

Yvette Lopez's mom: She likes to get involved, especially with Youth Ministry. She cares about her friends and family. She is a very responsible teenager and daughter.

Steve DeLaRosa's mom: He helps me and is always here when I need him. He cares a lot about peoples' feelings. He is just a really neat kid.

Erin and Robert Willis' dad: Erin is very responsible with her school work. Robert is sensitive to others in the family.

Heidi Peck's mom: Her determination--when she sets her mind to it, she follows through with it.

Billy Adam's mom: If we ever wonder where he is, it's nice to know that he's working on his 1950 Chevy truck.

Janette Tolman's mom: Sincerity, warmth, bubbleness, sense of humor and caring.

Arnie Marx's mom: He's bright, reliable and has a good sense of humor.

Justin Gosnell's mom: The fact that he is so personable and likable, and that he is easy to talk to. He's a real good talker. I've heard more comments on how Justin is so friendly with everybody like an overgrown lap dog.

Roslyn Imhoff's mom: Do you have 2 or 3 hours? She's respectful to her parents and sensitive to others. She's responsible. There's one exception--her clean room. She's spontaneous and artistic. Really considerate of her brother, patient, and very disciplined. She's gorgeous inside and out, has excellent morals, and a real blessing to her family.

Brad Henwood's dad: Very good kid. Don't drink, don't smoke, don't do no dope. Very special kid.

Arati Desai's mom : Very dependable, outgoing, fun-loving girl.

Raj Denhoy's dad: Seems like a good boy, gets good grades...kind of a typical teenager, I guess.

Hans Miller's dad: He's really frank. He's more of an equal friend, at the same time he maintains the parent-child relationship. It's hard to find that between generations.

Kris and Britt Wagner's mom: Britt's sense of humor. She's always got some witty comment that makes us all laugh, especially when she's in trouble. Kris' organization. She's great at organizing and getting things done. This quality seems to carry over into everything she does--except cleaning her room. How do you spell *disaster area*?

Marc Hughes' mom: Honesty. No matter what the condition, he's always got the right answer.

Sandy Smith's mom: She's always caring about her friends and family before herself.

Barry Haskin's mom: He's enthusiastic and a hard worker.

Jodi Tavernier's dad: She's daddy's girl.

Jeff Veilleux's mom: I like his openness.

Amy Branch's mom: Her humorous ways and her love for everyone.

Budget cuts bludgeon Granada

Jeff Schreiber

The students of California schools may soon find that some classes they have signed up for no longer exist. They may also find that some teachers have gone elsewhere. It is also possible that no one will have a seventh period. All of these cuts may come true for Granada next year.

A basic problem that Granada has is that the number of incoming students at the middle school and high school levels is falling. This means that there will be more classes than necessary for the given number of students. For every 25 student decrease, one class and one teaching position must be cut. For Granada, an estimated 6 to 8.4 teachers will have to find new jobs, transfer to other schools, or go into part time retirement to balance out the decrease. The exact number of teachers that will have to leave depends on whether the Paraprofessionals (secretaries) are kept or not. The Paraprofessionals do a lot of the time-consuming work that teachers do not have much time for, such as running ditto machines, typing papers, and other vital work. If the Paraprofessionals are gone, the teachers will have to do the secretarial work, plus their own work,

which will increase the load on the teachers. As for classes, according to Mr. Medeiros, the only courses that may be cut are some electives. Courses required for graduation or for college will not be affected. This decrease in the number of students will continue on a downward trend for approximately the next seven years. If enough classes and teachers are lost in the

"As for classes, according to Mr. Medeiros, the only courses that may be cut are some electives. Courses required for graduation or for college will not be affected."

future, the number of periods may be dropped to six, and the number of credits required for graduation may be lowered. Currently, neither will be affected.

Another problem for Granada is that Governor Deukmejian wants to cut the budget for education. Not as much money will be coming to the schools from the Governor in Sacramento, so spending will

have to be decreased. While most people assume that the California Lottery funds are saving our schools, according to Mr. Duey, the lottery money accounts for less than two percent of the money coming to our schools. With the cuts in the budget and the decrease in Lottery tickets being sold, California schools will have to make drastic changes to remain at the current standards. During an interview with Mr. Medeiros, he said, "The Governor, which he is not supposed to do by law, is including that money (Lottery money) as part of the allocation, rather than on top of the allocation." The lottery money, which was considered over and above the basic education budget in the past few years, will no longer help. In effect, the state will be contributing even less. This means that the school cannot spend as much as before. For example, schools may have to go to a seven-year cycle for new books, instead of the current six-year cycle, and schools may not be able to buy as much equipment, such as VCR's, movies, etc. The first year to be affected by the cuts will be 1987-88.

Final blessings for the class of '87

Kim Adams

Again this year some senior students at Granada are preparing to take part in a celebration of graduation, through a Baccalaureate ceremony. An interdenominational religious ceremony which is customary, traditional and even routine for many graduating classes. This unique service provides interested seniors, family members and friends a chance to take a contemplative view of their past, present and future. Students choosing to participate in the Baccalaureate do so due to their desire to have their faith in God somehow involved with the celebration of graduation. Since the Baccalaureate cannot be in affiliated with the school as a sanctioned event, the Baccalaureate service

is planned, organized, and accomplished by students.

Granada has a history of Baccalaureate services. The first graduating class of Granada in 1966 held a Baccalaureate service on campus in the multi-purpose facility. After a few years, attendance increased and the service was moved into the gym. years later Baccalaureate services ceased to occur due to lack of interest. However through the invocation or "prayer" there was still a religious aspect within the graduation ceremony. In 1984 the invocation or "prayer" was withheld from the graduation ceremony due to a court order which found the invocation violated the separation of

church and state aspect of the U.S. constitution. Due to that court order prayer at that ceremony or any further school sponsored ceremonies was forbidden. In response to that court order, students of the graduating class of 1984 implemented and reestablished the tradition of a Baccalaureate service for Granada's students.

This year the ceremony will be held at St. Charles Borromeo Church (located at 1315 Lomitas Ave.) on June 6 from 12:00 pm to 2:00 pm. There will be three main student speakers at the ceremony; Roslyn Imhoff, Karen Peters, and Jennifer Petersen. Granada students and their families are invited to attend this ceremony.

4 Granada High School



More than one way to be skinny

Stefanie Hadley

Another summer is here and those extra ten pounds are still your closest friend. Those of you who are thinking, "Hey, I'll just try that new rice diet a week before my Hawaiian vacation" are certainly in for a shock. According to Covert Bailey in his book *Fit or Fat*, there are several drawbacks to fasting and low-calorie dieting.

Fasting and low-calorie dieting slows down your metabolism because up to 30% of the weight loss is in muscle. You may be happy because you are losing weight, but with less fat burning tissues, (muscles) and increased fat storing ability, you will gain weight

much more easily. *Fat loss* is important, not *weight loss*.

Is weight really what you want to lose? How much you weigh is sometimes irrelevant to how *fat* you are. *Fat* is the undesirable factor, not *weight*. Fat is lost exclusively by being burned in muscle. In other words, fat can only be firmed and/or lost by exercise. You can't burn it off in body bags or saunas. You can't dissolve it with grapefruit diets or food substitutes. If muscles don't burn fat, it returns via the blood and is stored again. The only way to lose fat is through exercise.

A healthy man's body is made up of 40% muscle; a healthy woman's body is made up of 32% muscle. An average man should eat no more than 2200 calories per day, and no more than 8 grams of fat. An average woman should eat no more than 1400 calories per day and no more than 6 grams of fat. (This varies with one's metabolism however.)

Remember guys and girls, exercise and lot's of protein are essential for healthy and successful fat loss. Crash diets will only cause sickness and weight gain in the long run.

Modern yearbook produced

Kay Moore

Twenty years from now, will you remember your close friends and the special times during high school? This year Mrs. Peck is offering something special, different from anything offered at Granada before and something to be enjoyed for years ahead.

A video yearbook, filled with exciting times throughout the 1986-87 school year. The tape is approximately two hours long, and includes excerpts from school activities. It features clips of various sports, rallies, dances and spirit week. The tape also includes senior surprise and candid shots of students and faculty around campus. Since the tape will include clips from graduation, the finished product will not be available until the beginning of summer vacation.

Many hours have been spent on video taping but only the best of the clips will be shown on the two hour tape. The price is \$28.00 and is only available on VHS. Order forms were sent to all Granada students at the end of May. If there

are any questions or you did not receive an order form, contact Mrs. Peck in the P.E. office.

Don't miss the chance to enjoy a keepsake that will remind you of the styles and entertainment that made high school

so special. And if you see Mrs. Peck prancing around with a video camera over her shoulder. Smile big-this could be your claim to fame.

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The story of SADD

Stephanie Robillard

In 1981, two boys from Massachusetts died. Their deaths were the result of drunk driving accidents. One boy, John, was speeding home from a party when he lost control of his car and hit a tree. Buddy, another one of the boys, was driving home from the beach when his car flipped over. Because of their deaths, an organization was formed. It is known as SADD, Students Against Driving Drunk. Robert Anastas, the founder and Executive Director of SADD, formed the organization in order to halt the drinking and driving accidents involving youth.

What exactly does SADD do? It is basically an awareness group to alert kids that if "you drink . . . you drive . . . you die." It is run by students for students in order to keep all students alive. SADD's immediate goal is to keep as many students as possible from driving drunk, or riding with someone who has been drinking. SADD's long term goal is to prevent kids from using drugs and alcohol altogether.

How does SADD plan to do this? Well, Robert Anastas believes that

communication between parent and youth is absolutely essential. For families who already have great communication: terrific! But for families who don't talk about drinking and driving openly, the Contract For Life is a great way to begin.

The Contract for Life is an agreement between parents and child stating that each party will seek a safe ride home in case they, or their rides home, are intoxicated. The contract creates a joint effort between the whole family, and is necessary for everyone, even those families in which communication is open. The Contracts For Life were mailed out last month in the principal's newsletter. For those who did not get one, or need another one, write: SADD, P.O. Box 800, Marlboro, MA. 01752.

SADD is finally gaining the recognition it deserved. In 1984, the made for T.V. movie "The Contract For Life: The SADD Story" aired. It drew mass attention and also won an Emmy. The SADD organization is not only limited to the high school level, for it is at college and junior highs, too.

There are 8,000 SADD chapters across the United States, and some in



Europe, Guam and Canada.

Robert Anastas has one message to teens:

"If you believe the way I believe that you are powerful, then you can eliminate the killer facing you- you can eliminate any obstacle facing you. If you believe that you are powerful and that you can make a difference, then commit yourself to this program. If you participate in the SADD program and no one dies or gets hurt from drinking and driving, you're going to have the greatest feeling you've ever had in your life!"

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The senior class of '87 would like to thank Alden Lane Nursery for lending plants to be used as a part of the decor for the Senior Ball.



The masque of emotional abuse

Steve Baumann

We hear about it in the news and from those around us: tales of child abuse and other dark family secrets. While the subjects of physical abuse, neglect, and incest are discussed, there is one aspect of child abuse that is often not mentioned in detail, emotional abuse.

Emotional abuse is defined by the book *Child Abuse and Neglect* as "belittling, rejecting and in general not providing a positive, loving, emotional atmosphere in which a child can grow." It is also one of the more difficult areas to prove or detect as there are no clear cut lines as to what "emotional abuse" actually is. Is it the father who yells at his son for minute things such as forgetting to put the garbage out, or is it the mother who calls her daughter such names as "slut" or "trash" for no apparent reason?

A clearer example of abuse is this: Jenny is told by her father that she's stupid, despite the fact that tests at school indicate she is highly intelligent. By this minor form of brain-washing, Jenny will be affected for the rest of her life to some extent.

What increases the size of the problem is that this abuse is not restricted to one generation. Child abuse is a disease that keeps getting passed down.

Psychologists point out certain symptoms of an emotionally abused child:

- extremes in behavior--overly happy and affectionate or very depressed
- withdrawal--no verbal or physical communication with others
- destructive behavior
- drug or alcohol abuse
- physical manifestations (asthma, allergies, etc.)
- delinquent behavior
- inappropriate behavior (turning negatives into jokes, or laughing when in pain)

The signals aren't always so obvious, either. It has been found that some people who achieve high grades and are actively involved in school are abused by their guardians. This almost seems ironic, if one thinks about it.

If you know someone who is an "abused child," or are one yourself, there are solutions. You can encourage him/her by complimenting and building up of their character, and there are programs to contact should you need or want professional help. For abusive parents who want help call **PARENTS UNITED** at 483-9300, or at the same number, for incest and family counseling, there is **CHILDREN'S PROTECTIVE SERVICES**. Remember, behind the masque of happiness there may be a weeping soul.

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Seniors speak their regrets

Joey Hayek

Many people have been in the situation where, knowing the way things turned out, they look back and say "I wish I would have ..." For example, a person who just finished high school might say to himself, "I wish I would have studied harder. I probably could have gone on to college." Or, "I should've been more involved in school activities."

About seventy seniors were recently asked, "Knowing what you know about yourself now, if you could go through high school again, what changes would you make?" Seventy percent of the responses were, "I would take school more seriously, "and most people who said this also wished that they could have been more involved in school activities.

Most of the polled seniors would agree, we all had fun, but we would have been better off if we had concentrated more on school.

The next most popular response had to do with the unpopular topic of cliques. Among the comments dealing with cliques were the following: Megan Cordill said, "I'd go to Livermore High because of our senior class the way it's so cliquish." Kathy Hirota

would simply "change the people in our class so our class would be a class instead of a bunch of little cliques." Anne Bailey said that she'd expand her group of friends "cause everyone has their own cliques."

Some of the remaining responses are noted for their uniqueness.

Marcus Rabara I wouldn't be such a pervert.

Leslie Dean I would work on tennis harder.

Dan Hughes Change complete perspective of school and recognize the value of my education.

Jim Mathis Be a little more sensitive toward other people.

Mark Hall Be more aggressive.

Eric Shepherd Wouldn't pay so much attention to other's opinions. I'd value them but I wouldn't regard them.

Betsy Welsh Listen to my parents telling me what classes to take in order to prepare me for college.

Barry Haskins I'd change my underwear.

As the end approaches

Jodie Mitchell

Sometimes it seems as if it has been the same day-in, day-out routine for the past 4 years: get up, go to school, come home, go to work (if you're fortunate enough to have a job), come home, do homework, and go to bed. In between all of this, you fit the soaps in, the baseball games, and phone time. It's nothing different; it's natural, and it's built into all of our systems--perhaps it's instinct. Soon this instinct will be put to rest.

The time has come for us to say good-bye. We've complained about having to get up so early and go to school. We've complained about not being able to wear shorts, and we've complained that we've been given too much homework. Now we begin to think we're gonna miss it. Stupid, isn't it? Not really. We've grown accustomed to this school, and the people, and saying good-bye will be a hard thing to do.

Although the complaining seemed to have no end, our

memories are also filled with good times, fun, laughter, and much, much, more. Losing all of that seems to be such a horrible thought. Losing the freedom of being a teen in high school, the feeling of strong stability, and the sense of friendship seems to be a devastating feeling. But it doesn't have to be.

Leaving high school is a glorious moment in life-it brings a feeling of accomplishment to every kid walking up that aisle. Pride shows through their smiles, and happiness flows from their tears. Don't look at it as a final good-bye, but as a beginning--a beginning of life. Bigger things are ahead- but you don't have to leave anything behind--take it with you. Keep the memories vivid and alive and keep in touch with all of your friends. So as the year-end hugs are exchanged and the tears are falling remember that it doesn't have to be the last good-bye.

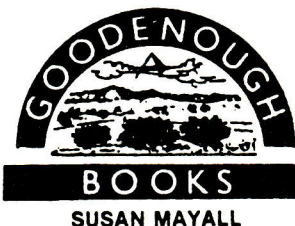


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Presenting '87's valedictorians

Jennifer Silveria

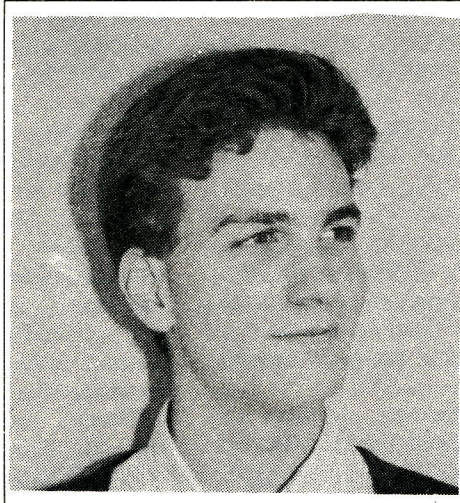
"If you set your mind to it you can do it, and you don't have to give up anything," says Diane Barton, valedictorian for the class of '87, along with John Walbridge. Diane and John both have maintained a 4.0 GPA all the way through high school and have been selected to give the official farewell speech to this year's graduates. Although these two students have had to work hard to keep up their grades, they haven't exactly had to build their schedules around their home work.

John has been on the swimming team for three years and has two varsity letters for the sport. He says the best class he ever took was Humanities with Mr. Willis, and the hardest class was Eng. 5 with Mrs. Lopez. One would think it almost impossible to pull a 4.0 for four years, but John says "It doesn't take much, you just have to be responsible and be lucky." Next year he'll be attending UC Berkeley with his four year academic scholarship he received from the NROTC. He plans to major in Electrical Engineering and Computer Science. Once college is finished he'll be in the Navy for four years, hopefully in Naval Intelligence.

Diane's plans are completely different from John's. "I dance

during the school year... that's the thing I do." She started dancing when she was six years old and has continued to take lessons up until now. However, her dancing does not seem to interfere with her school work. Her favorite subject is English, but her favorite class is physiology. Next year she will be attending college at UC Santa Cruz and majoring in physiology. She received a \$500 scholarship from her church to help take care of her tuition. After college she plans to do medical research, specializing in immunology. In the summer Diane does computer data entry for a local business.

Between her dancing, school and, summer jobs, Diane seems to keep busy and have fun all at the same time. It's easy to see that John and Diane both have education on the top of their priorities list, but neither one has become so obsessed with homework as to miss out on having fun. It takes a lot of energy to keep up with school assignments and still have time to play, but they both did it. Congratulations to Diane Barton and John Walbridge, you two did good.




John Walbridge



Diane Barton

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congratulates
the class of 1987
on the occasion
of its
commencement.**

The second careers of teachers:

Matthew A. Fordahl

In order to provide for Spacely the cat, Ms. Garin, a social studies teacher at Granada, teaches two days every week at

secondary job, though: to continue with a family tradition, Mr. Watt has farmed his entire life.



Mr. Knox

Vineyard High School. Spacely and Ms. Garin are not alone, for there are many families of Granada staff members who rely on second jobs. Some moonlight for survival while others moonlight for extra money.

Those teachers who moonlight for survival are generally male and the sole source of income in their families.

Mr. Willis, who has a family of five children, works as a teacher at Chabot and as an instructor of drivers training in addition to his job as an English teacher here at Granada. Those are only his school time jobs. During the last five summers he has delivered newspaper bundles to carriers, driven a truck for 84 Lumber and chauffeured for a limousine service. He says, "I definitely could not survive [on a teacher's salary]- not with five children."

Mr. Watt wants his wife to stay home with their children, so he moonlights as a wrought iron contractor, a partner with Mr. Wilson. Contracting is not his only

Mr. Sneeringer works three jobs in addition to educating. For five years during sunny school days and the summer, he has rototiled yards. For seventeen tax seasons, he has prepared income tax returns. And most recently, he has been working with Mr. Duey as a computer consultant.

Speaking of Mr. Duey, the esteemed department head of the English department: if he did not have a second job, he said that he would have to resort to robbing banks. . .

Landscaping and teaching at Chabot are the second and third jobs for Mr. Abert of

the math department. Having taught for 20 years at Granada, landscaped for eight years and taught business at Chabot for 24 years, he relies on these additional sources of income for survival.

Mr. Stansbury of the science department finds his second job as a house painter barely necessary: "Once I stopped, and I found myself dipping into my savings." A house painter after

school and weekends, he finds this job helpful in gaining anything beyond food and rent.

Like Mr. Stansbury, most teachers moonlight for a little cash for the extras.

Ms. Beimford works as a College Board consultant and test reader for Educational Testing Service. The reason for her disappearance in June is that she will fly to New Jersey to read Advanced Placement examinations. Ms. Beimford enjoys the professional contacts and uses the extra revenue to travel.

Like Ms. Beimford, Mr. Heath uses his second job for travel money. In addition to teaching Drivers' Ed, foreign languages and science, he is a counsellor for American International Youth Exchange Program.

Mr. and Mrs. Briemle build ducks . . . wooden ducks, that is. This job/hobby has made life, according to Mrs. Briemle, "infinitely more comfortable." On weekends during school and throughout the



Mrs. Strout

summer, they sell wooden ducks at various arts and craft shows around the Bay Area. In addition to the shows, they sell their ducks from a duck room in their house.



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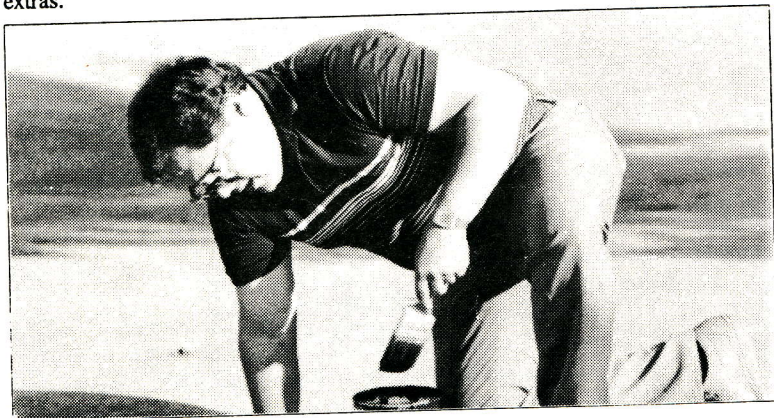
Mr. Segal, a ceramics teacher by weekday, is also an actor. Currently, he is acting at a theater in Berkeley. He has also worked in many San Francisco theaters.

Mr. Philips, the auto shop teacher, also works as a handyman at Southland Mall in Hayward so that he can send one of his kids through college.

Mr. Burg has found his second job as a computer consultant helpful since he plans to move to Danville.

Teachers are not the only moonlighters on campus; many administrators have different jobs away from the halls of Granada.

Head counsellor Mr. Knox, confessed to having a second job as a carpenter. "It provides the extras," he said. During his 16 years of counselling and 10 years of carpentry, he has also found time to drive a truck so that he could get even more extras.



Bob Stansbury

"That's why they closed Route 17," screeched Mrs. Trimble as Mr. Knox explained his past moonlighting experiences. Mrs. Trimble has a second

job, too, as an SAT administrator on SAT Saturdays. She receives \$42 every Saturday she sits through a SAT. "SAT money is my blow money." (Like Mr.

Knox, Mrs. Trimble has had a glorious life as a moonlighter: she was once a ski instructor and a life guard a few years back.)

This year, Mrs. Begtrup has been a consultant for the summer school program in Livermore. The benefits are not all monetary for this administrator: "to promote myself- more experience, the better off in promotions."

Even the stacks of the library are not void of moonlighters. Mrs. Strout has been selling Sun Rider Regenerative

Whole Food Concentrate for about six months. She says she really doesn't need the extra money but wants "everyone to feel as wonderful as I do." Mrs. Larsen does not sell anything but writes technical reports for

her husband's inspection firm, something she has been doing for seven years.

Mrs. Grover, the English department's secretary, is the piano teacher of 22

students. She finds her job necessary in many ways; the most important of which is to keep busy.



Arthur Duey

Evidently, some of the busy ladies in the cafeteria are busier than we thought. In addition to selling cheese sandwiches, Charlotte Neumann has been selling Mary Kay cosmetics. Susan Honoway does some catering off hours as well as on. The majority of the food service staff works as domestic engineers, something not uncommon elsewhere on campus.

There a lots of professional mommies, daddies and grandparents teaching at Granada. Most of the female staff members surveyed said that their incomes from their jobs at Granada are their families' second income. Their own second jobs, raising children, are as difficult as the rest.

Finally, there are a few staffers who have jobs but were not mentioned above. These people could not be found, for they were busy at their second jobs. Mr. Bortz, a colonel in the army reserves was on a two week drill, and Mr. Altschul was selling waterbeds, as he does everyday after fourth period.



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Exchange students tell their tale

Sara Burkhardt

The end of the school year is here and it means vacation for most of us. For the Exchange Students at Granada it also means returning to their home countries. After a year in Livermore, they'll return to Spain, Belgium, Norway, Australia, Italy and West Germany. It won't be easy for them to change their lifestyles back to the old ones, but none regret their decision to come here and stay with a host family for such a long time. They all think they learned a lot about this country; more than they ever could have learned at home.

"I consider this year the best year of my life," says Enrico Boi from Italy, "I learned so many things about myself, about other people, about America. It wasn't always easy; sometimes it was hard, but even during those moments I felt good because I knew that what I was doing was the right thing for me."

It definitely wasn't always easy. First the culture shock; being away from family and friends in a totally new environment. Then the problems of getting used to the host family and the school and of finding friends. Patricia Gil Cervera from Spain explains: "In the beginning, when I wasn't able to speak English very well, people from this school weren't very nice to me. Now I can talk much better and I made good friends. As anywhere, I met nice people and people that are not very nice, too."

Marianne Arnolis from Belgium said that she first thought Americans were different from her. She points out: "Now that I know they were as scared as I was to do the first step, I think they are cool and nice. You just have to show them that even when you are an alien you are first a human being with needs for love."

Being asked how they like Livermore, all students gave similar answers. Michele Rumphorst from Australia thinks that the only thing to do in this small town was to go to the movies or to go bowling. "The thing I like best about this town is getting out of



Michele Rumphorst, Vibeke Hybbestad, Marianne Arnolis, Patricia Gil Cervera, Enrico Boi, Sara Burkhardt

it to go to San Francisco," she said.

Enrico replied, "I think Livermore is o.k. for old people. For teenagers it's really too quiet."

Patricia says, "This town is nice, pretty small though, but I would never want to live here. There's nothing to do, in other words, very boring."

But these opinions didn't keep anyone from exploring and experiencing. They spent times at Lake Tahoe, San Francisco, Sacramento, Santa Cruz, Berkeley, Santa Barbara, Los Angeles, San Diego, Mexico, Oregon and Hawaii. Michele was on the tennis team last fall while Marianne played basketball in Granada's team. All these experiences made the year special and unforgettable for all Exchange students.

Another important part of this experience were the families that hosted the foreign students. I think this is a good time to thank all of them for their love, support and generosity. Through them the students were really able to feel at home. Patricia realizes: "My American family is so sweet. I'm happy to live with them. I'm lucky because I'm living an experience that's the best one in all my life."

In the name of all Exchange Students I'd also like to thank all students, teachers and faculty members, who helped them to feel at home here.

There are a lot of existing Exchange Programs. All present Exchange Students came here with the help of either AFS (American Field Service) or AIYSEP (American International Youth Student Exchange Program). You can get information about Exchange Programs from your counselor.

To end with Michele's words: "This year has been a wonderful learning experience which I know I'll remember for the rest of my life. I would recommend anyone who would like to learn about another country's language, lifestyle and culture to apply for becoming an Exchange Student."

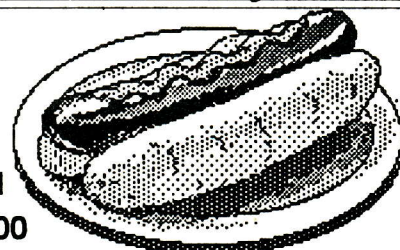
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A different world for Mulattos

Stephanie Robillard

When I walk with my parents, especially my father, many people stop and look at me in wonder. For those who don't know me, I am Mulatto. Being Mulatto is being a mixture of both Caucasian and Negro ancestry.

When I was younger, I never considered myself that different from any of my friends. After all, my parents worked and argued like everyone else's. As I grew older, things began to change and I realized that I wasn't like everyone else. People began to ask, "Is that your father?" It was sort of amusing, in a way, but it was also quite annoying. Often I was called "mutt" or "mixed" by my friends. It wasn't that bad then, considering they were just joking. But now when people, friends or strangers, do that, as they have, I get a little disturbed.

Whenever I fill out job applications or racial background questions such as on the SAT, I have to stop and think. I usually end up marking "other," which I don't mind, but I wish they would allow marking more than one box.

I often hear remarks that I only like a certain "kind." I have only liked guys that I like. It doesn't matter to me what race they are. Sometimes I am asked whether I plan to marry a white man or a black man. I do not *plan* to marry either. When I meet a person, I meet the person, not their race.

A lot of people try to fit me into their stereotypes. Some carry the belief that black people eat black eyed peas and listen to soul music, and white people eat hamburgers and listen to Top 40. These are the stupidest stereotypes! I eat what I want to and listen to what I want to. I have heard comments such as "she dresses white." I dress my way, and I don't know of any other.

Having parents who have an interracial marriage, allows me

to receive many benefits. For one, the genetic mix gives me a pigment that looks like a year round summer tan. I also get to see how both sides live, even though it is hardly different. Having parents like mine also cuts out a lot of the latent prejudices that most people have, no matter how small. Some of my friends' parents are quite cautious when they find out that their son or daughter is dating someone of a different race. My parents don't care whether they are white or black, or any other color for that matter. When it came to picking my religion, my parents were open minded enough to let me pick the religion I wanted.

If I begin to say that I am a Black American or a White American, I feel as though I am denying my race and trying to pick favorites. There is no such thing as favorites when you have the best of both worlds. I am special like others in similar cases, but I am not trying to say that I am any better than the next person. I think it is wonderful to be a part of a race which is a combination of two races which have hated each other for so long. My life would be extremely different, as would I, if I weren't Mulatto. Being Mulatto is not something I think about constantly. I'm just a regular kid with two parents of different race, and I'm proud of it!

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Introducing the new tones of the

Lisa Ze

All across the country, hundreds of high school students start bands with high hopes of success and get nowhere. Many of these up and coming bands are in the Bay Area. How can one band rise above the rest? There's no clear cut formula. But the Uptones, a Berkeley based band, is on the rise.

In early 1982, a few students at Berkeley High School got together to form a band and make some music. At first, most of the members were just interested in having fun. All, that is, except 16 year old Eric Dinwiddie. Eric, who was quickly losing interest in school, was "at the time, the only one who was really serious about being a professional musician." After their second rehearsal, Eric said to the band, "O.K., we need a name and we need to get really famous." So the Uptones were born.

What makes the Uptones different? Determination is one factor. The then nine members of the band trooped around their high school with magic markers, and wrote "The Uptones" all over so that everybody knew who they were, before anyone had even heard them play. Then, Eric called the Berkeley Square and asked if

the band could play there. At the time, the Berkeley Square was used to big bands' playing, and charging a lot of money. Determined, Eric convinced the managers of Berkeley Square to let the Uptones play and only charge a couple dollars. The band members put up posters all over Berkeley, and on a Wednesday night a couple of weeks later, a group of high school kids called the Uptones played to a sell out crowd at the Berkeley Square.

The Uptones started out with the intention of just having a good time. They are influenced by punk, reggae, and ska. "When we started, no one new what ska was," states Eric. "And in high school, it's cool to know something no one else does. Everyone thought we were really good cuz they didn't hear the bands that we were listening to that were really a lot better than us." The Uptones' brand of music was completely new in the area which meant fast popularity. After the Square, the Uptones started to get write ups "all over the place." Their peak came when KQAK, known as the Quake, started playing their songs. The Uptones got a write-up in the Pink Section, and sold out at the Kabuki Club twice. People were

amazed, because at the time, the Uptones were only 17 and 18 years old, and they were getting air time on the radio, playing in clubs, and getting pretty big without the benefit of videos. How did the Uptones get so big without an agent? Again, it was their determination. Eric's philosophy is that "you have to talk big." Eric would call clubs to get engagements by "playing for (dirt), just to show what we could do." At first, the club owners laughed, but they changed their tune when the Uptones drew the large crowds. The time came, and the Uptones released their first album, *K.U.S.A.* Unfortunately, the album came out the same time the Quake went off the air, and the Kabuki closed. Airtime on the Quake had been a large factor in the Uptones' popularity. The Uptones could not tour for their album because of lack of support, so their record died. Says Eric, "At the time, our music was not strong enough to keep the excitement," that the youth of the band had stirred. Things were not going very well for the Uptones, but they realized they had to "go with the punches." A big punch hit when their lead singer left the band about a year ago due to artistic

UPTONES!

14 Granada High School



differences. This was hard on the band, but it gave them opportunity. They regrouped immediately, and found a new lead singer. However, the new lead didn't quite work out. Now the band, instead of having just one lead singer, has three people on vocals, Eric, Charles Stella, and Paul Jackson. Which finally brings us to the most important aspect of what makes the Uptones unique: their music.

The Uptones are influenced by the tradition of John Lennon, and the Clash. They sing with a message. However, they are not politically affiliated. Says Charles, "One thing we all agree on is that we're against fascism. Eric adds, "If we had to say where we were politically affiliated, it would be with all the oppressed people in the countries that our government is controlling and destroying."

The Uptones' music has evolved since 1982. Charles puts it this way, "As far as I'm concerned, we're just six months old (as a band). Our music is totally different since (the former lead singer) left. The Uptones even have a couple of love songs, which are something new for them, on their new album, *Outback*. Eric stated that many people believe a band is no longer political if it does love songs. "But love songs are the hardest to write. My goal is to write really good love songs." Eric pauses. "If anything, our political airs have gotten harder and stronger."

Lyrically, Charles, Eric, Paul and Ben Eastwood collaborate. Musically, it is a collaboration of John Mader on drums, Scott Jensen on the trumpet, Adam Beach on alto and baritone saxophone, Joshua Miller on tenor sax, plus Charles, Eric, Paul and Ben. When asked who writes the songs, Eric laughs and replies, "Well, me, Charles, Ben, Paul, John, Josh, Adam, Scott, me Charles,..." Get the picture?

One of the songs on *Outback*, "Faith" inspired many comments from both Eric and Charles. "Faith doesn't imply weakness- it's just the opposite." "Faith, it's what gets you up in the morning." "Faith is a very personal song." "Some people have faith in God. My faith is in music, and the other members of the band." The title song of the album is described by Eric as "truth, it's a reality poem." The Uptones don't sit down and decide, "O.K., this is what we're going to say through our music." Rather, they are inspired.

Presently, the main goal of the Uptones is to "get their music out there." The pressure and stress are present. "Tremendous competition and pressure to succeed as a musician" exist, explains Charles. "You have to put that out of your mind. Of course, when you're alone, you might let it get to you. But then we come and rehearse, and our faith is revitalized by our music." Eric describes another way they handle the stress. "We have the utmost confidence in our sound, and our

concept of what a band should be."

The musical education of the band members is varied. While Charles learned to play guitar in the band, he describes Eric as a "very learned musician. The band has taught us all more about music. A musician is always learning." No matter how they learned to play, their sound comes together wonderfully in live performance. There is electricity on the stage. Although the Uptones have mostly played locally, including a recent engagement at the Veteran's Hall in Pleasanton, they look forward to traveling. For Eric, "the funnest thing to do in the world is to play live." It is the truth when Eric says, "When we play, people come away very happy, even uplifted."

Determination, a musical edge, what more could one ask for? Dedication. Some members have jobs just for that little extra they need to get by. But the band is their number one job. What do the Uptones have to look forward to now? They are looking for a record label now, and also looking forward to traveling. "It'll be interesting to see where we are in five years." Is the hard work worth it? Apparently so: for Charles, playing music is "the best and worst thing you can do. It's also the most enjoyable." In closing, Charles puts what being a band is all about clearly and concisely. "It's about relating to people, communicating to people through our instruments."



down?

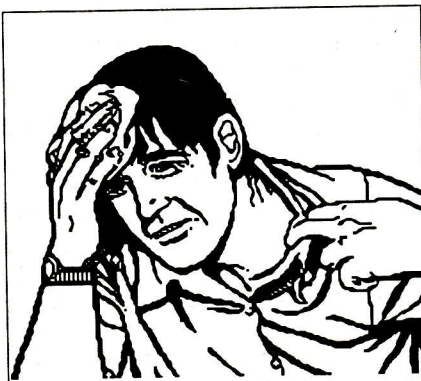
Tammy Bankhead

When I say June. . .What are you thinking? **SUMMER VACATION**, of course!

Today you'd die for freedom, yet by the end of August with the common mid-summer boredom, you'll be begging for school. It doesn't make sense. During August, do you find yourself getting up at noon and watching T.V. all day? It's every soap or gameshow, right? Around 10:00pm it's time to get up to leave for the night life . . . not going to bed at daybreak. Now that's the life, or is it? Why don't you try something new this year?

You can always do what every other summer vacationer does - go to the beach, get some sun, go to the beach and get some more sun. Let's get original. Now, I'm not saying, "Don't go to the beach because it's a generic idea", but you can do something out of the ordinary too. If you are the beach type you can go horseback riding along the beach, visit the tidal pools, go whale watching, take a picnic just for the beach, play frisbee, volleyball, or fly a kite. Then again you don't even have to go outside of town to enjoy the beach life. Shadow Cliffs has water slides and different types of boats for your enjoyment. While Del Valle, on the other side of town, have instructors who may be able teach you how to windsurf.

If you're dying to get out of Livermore, think about what you

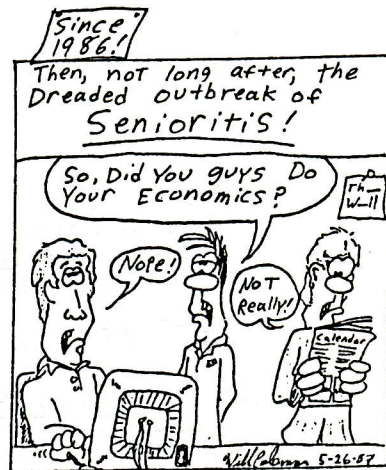
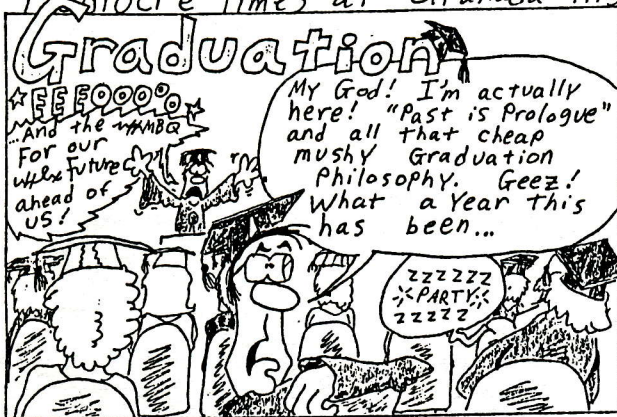


can do in San Francisco. If you're worried about getting lost on the way you can take BART, once you're there you take cable car rides, go sailing on the bay, take a ferry to Alcatraz, take in a play or a concert, walk through Golden Gate Park, visit one of the many museums or art exhibits, the Exploratorium, Planetarium, then there's always Pier 39, China Town, the Wharf, and plenty of places to shop. You also may be interested in the San Jose Flea Market, the Winchester Mystery House, good 'ole Great America in Santa Clara, and the Santa Cruz Beach Boardwalk.

If you're the outdoor type, you can go camping in Yosemite, Santa Cruz, go up into the Redwoods, Tahoe, the Russian River, Muir Woods, Monterey, Mt. Shasta, the Marin Headlands, and Angel Island. In many of these areas you may also be able to go fishing, swimming, or hiking.

Now for the *REAL* original stuff- you could try dressing up and going somewhere, taking pictures of each others, walking the dog, bowling, taking a balloon ride, ice blocking, visiting old friends, renting a bicycle-built-for-two, going to the county fair, miniature golfing, having shopping cart races, going to the park and giving away balloons, training a pet rock, iceskating, and inner tubing. But, if all else-fails get a job. . .

Mediocre Times at Granada High / Will Coleman





An interview with an astronaut

Christina Moir

People often complain that nothing ever happens in Livermore and nobody important ever comes here. Right? The second week of May, Franklin Chang Díaz, a NASA astronaut came to the Livermore Lab and *The Wall* had the opportunity to interview him.

Though an American citizen, Franklin Chang Díaz was actually born in Costa Rica. As a small child he didn't know that there was a possibility of space travel. As he got older he moved to Venezuela and read about the famous Russian Sputnik satellite. Like many other Venezuelans he would go out at night and try to "catch glimpses" of satellites. The idea fascinated him so much that from that point on it became his "long ambition" to become an astronaut.

He wrote a letter to the man responsible for the space program and asked what it would take to be an astronaut. He received a form letter stating that one has to be a scientist or a pilot. It seemed so unreal that for a while he put aside the idea. Like many people he had to work so he became a bank teller. After he had been saving for a few years he decided to go to the United States to revive his dream. He convinced his father to accept his idea and with great courage purchased a one-way plane ticket to America.

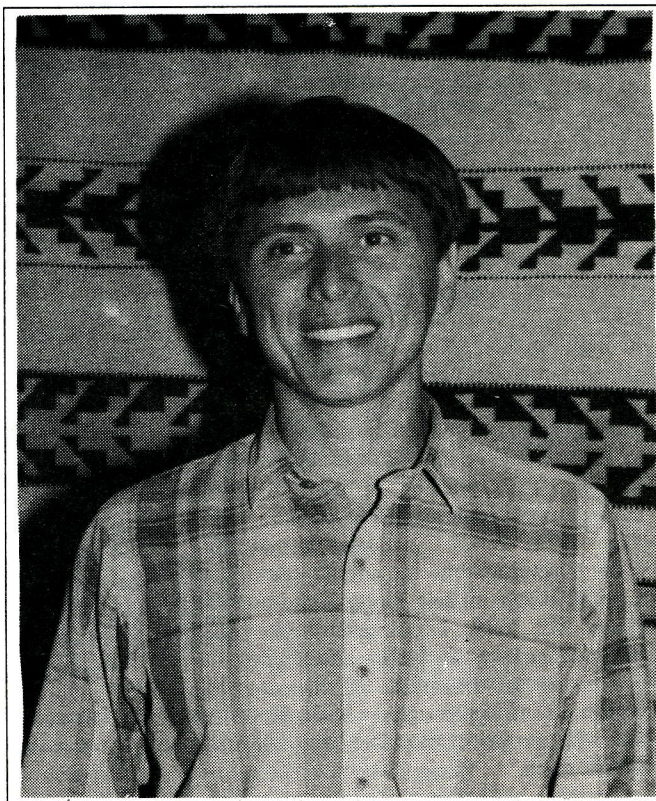
In America he decided to take his high school senior year over so that he could learn the language and perhaps get a scholarship. He started off very poorly because of the language problem, but as he gradually understood more, his grades improved rapidly. By the end of the year he graduated at the top of his class. With this standing he got a scholarship to go to the University of Connecticut. However, there was one problem with the scholarship, he wasn't a U.S. citizen and couldn't become one yet. They thought he was a Puerto Rican and therefore a citizen. At this point it didn't seem as though he would be able to go but then the matter went to the Connecticut legislature. The state government passed an amendment that would enable Franklin to go to college.

After the University of Connecticut, Franklin went to MIT and got his PhD in 1977. He finally got his U.S. citizenship

through naturalization. By 1979 Franklin had "almost forgotten about being an astronaut" and was "discouraged" from going into the space program. He was then involved with studying a way in which rockets could function with fusion energy. This involvement "rekindled" his interest in the program. At this time NASA was looking for astronauts so Franklin applied. After many tests and a long waiting time he received the phone call. "I was so surprised that they selected me considering that everyone was so qualified. I almost freaked out!"

He began training for the program and flying jets and continued for six years. At the beginning of January, 1987 Franklin went up in the Columbia. His shuttle was the one right before the infamous Challenger blowup. His job as mission specialist on the Columbia was to do earth observations and to launch communication satellites. He also did experiments with melting and solidifying materials. If there had been any problems with the shuttle he would have been one of two astronauts to go outside.

Franklin also spoke on the subject of the destruction of the Challenger and the presumptions of the public. Americans think "What a fun thing to do!", "It's failsafe." But as Franklin pointed out "We knew a lot of things were wrong." Space flight is still experimental and in its scientific phase. The astronauts are almost all scientists specializing in one field or another. They want to go into space to carry out scientific study. Regardless of the scientific aspect many people wanted to be a passenger such as Christa McAuliffe but the fact is that they



Franklin Chang Díaz

are just passengers and they don't have much to do on board. Another point was that "she [Christa] hadn't the foggiest idea" about the electronics or the experiments. Christa also "had so many reporters that she couldn't get anything done." So even though the public saw the shuttles coming back safely they didn't really understand the danger involved.

On the subject of public perception Franklin added that he did like *Top Gun* even though one can't take a picture upside down! Many things about space flight are still uncertain but "we try to make it look easy." Right now there are 78 astronauts and some are preparing for space stations. However Franklin added that people have to come back to reality with their ideas.

So Franklin is the first naturalized and the first Latin American astronaut. After all is said and done Franklin added the simple statement "I love my job as a scientist and an astronaut."

Alumnus a success in baseball

Mike Bendel

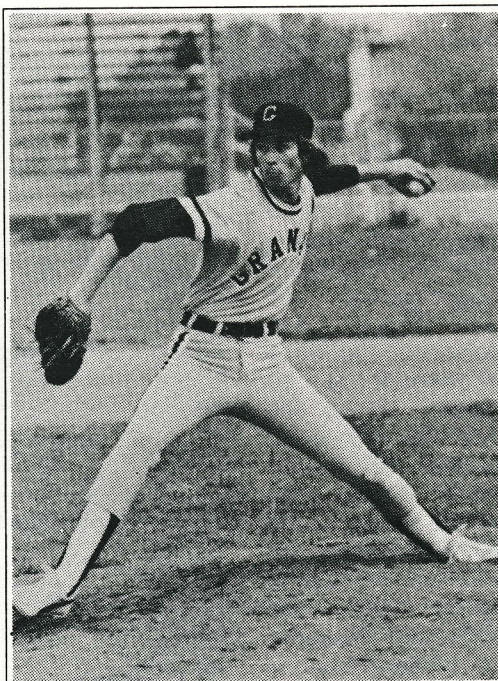
The only baseball player from Granada High School ever to make it to the "big leagues" is on his way to the San Francisco Giants' dugout. When he gets there, he does not introduce himself with a cocky sort-of "hiya kid I bet you think you're pretty cool because you're sittin' here in the dugout talkin' to me and I'm pretty cool" smile. Instead he says, "Hi, I'm Mark Davis," so quietly that it seems as if he is almost embarrassed to have someone from his old high school going through all the trouble to interview him.

Davis, 26, admits that he is made more nervous talking to strangers than he is by pitching in front of hundreds of thousands of them. This 1978 G.H.S. graduate is a really nice guy, but he doesn't use false modesty to sell himself short either. "I know I can pitch," he says. "That's what I do. Pitching out there in front of all those people doesn't bother me. It all depends how you perceive things and what you're comfortable with. I really don't notice the fans all that much."

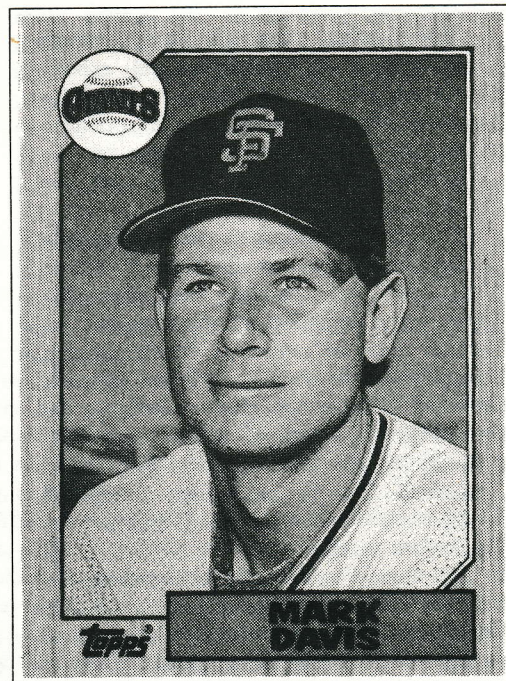
To meet Mark Davis is really to believe him when he says that baseball has been his life for quite a long time. "Oh yeah. I've always wanted to be a big league pitcher. I've been playing baseball since I was nine. When I was growing up I admired the star lefties of the game. You know...Vida Blue...Steve Carlton."

When asked what he remembers about Granada, Davis says: "I remember Mr. Sai. He was a math teacher. I had my locker in the math hall and he'd always yell at me when I tried to get something out of my locker late. Oh, and I remember Mr. Bennett and Mr. Berger." Davis also commented on what he was like in high school. "I guess I was a jock. I played basketball and baseball. We'd all hang around with people who had our same interests."

Davis was drafted by the New York Mets right after high school, but he didn't sign with them, and he attended Chabot College until he signed with the Phillies organization in 1979. Before settling down with the Giants for the past five seasons, Mark played for teams in South Carolina, Pennsylvania, Oklahoma and Arizona. This moving across the country has given him some insight on adolescent life in the United States. "In California," he says, "there's an accelerated maturity. A fourteen year-old in California is exposed to things that it takes someone in, say, South Dakota twenty years to find out. In general, kids seem to be learning things much quicker. There seems to be more awareness. They're learning faster." Davis also has some advice for high school students who aspire to be professional athletes. "Well, as long as a person is devoted, and he works hard, and if he has the talent, it shouldn't be hard for



Mark Davis then ...



... now

him to make it. This area is great for sports. There are always colleges and scouts watching you. You have to persevere." He thinks some more. "You gotta stay in shape and don't abuse your body."

Davis smiles when asked about the Giants-Dodger's rivalry. "It's coming back. A game against them isn't just nine innings. It's a little something to do." Davis says that for his career goals, he wants to accomplish "a lot of things. I want to end my career with an E.R.A. under or around three. I want a thousand strikeouts. I should be halfway there in June. I want a career home run. I want a World Series ring, and I want an All-Star ring." The pitchers out on the field are running around the diamond now. Davis will have to join them shortly. "What I want most is to stay away from any physical problems. There was a time when I had nerve damage, and I couldn't lift my arm from my side for two months." Does Davis share Giants owner Bob Lurie's optimism that the Giants will win the National League pennant this year? "Oh yeah. If we can stay healthy and keep from getting hurt, then I think we can do it. If you look out there, we have as much talent as anyone. I mean we have a few injuries right now, but we've still been able to win. I think it will come down to Cincinnati being a big factor in the West."

The pitchers are off and running laps in the outfield. Davis should be with them. He is asked if he has any advice for students at Granada who are reading this article. "Yeah," he says. He pauses for a moment, looks out into the stands, and lets out a sigh. He turns and continues, "Enjoy the years you have. Take advantage of everything you can. You'll only have four years of it." A couple of pictures follow, and Mark Davis says that he must start running, and he takes off to the sound of an upset pitching coach.

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Hockey players on field trips

Aaron Axelsen

Most people don't realize it, but Livermore is the home to perhaps one of the best field hockey teams around. Several Granada students are now participating in this rather unknown sport, playing in such places as Los Angeles and as far off as Asia.

Several of these players, such as Phil Sykes, Paul Lewis and Todd Camahan, have received national attention. Lewis is currently on the U.S. Jr. national team, and has played in two Olympic festivals held in Houston and Baton Rouge. Sykes and Camahan have also played in these two Olympic festivals. Dave Johnson, Doug Jenkins, Raj Denhoy and Tony Battaglia are also outstanding players in this up and coming sport.

Field hockey has been played in Livermore for three years now and each long season lasts from September to March. The league Livermore's team plays in consists of teams from Berkeley, Marin, Hayward, San Jose and Yuba city. League games are played every Sunday at the University of California Berkeley. Livermore's rather successful team, which recently easily beat a visiting team from England 3 games to 0, practices daily at Joe Mitchell school. All of these post season practices are to prepare the team for the long summer ahead of them.

First, the team will begin the summer by playing in the California Cup in Los Angeles. Here, teams from Taiwan, Australia and Canada to name a few, will be there. Then the team will begin the tour of Asia around June 12th. In Asia, the team will play host to teams from such places as South Korea, Singapore, Hong Kong and Malaysia. After Asia, several players will attend an Olympic training camp held in Colorado Springs. Here, players prepare to attend the U.S. Olympic festival in North



Suti Baru, Steve Danielson, B.J. Yendry, Mike Beasley, Jeff Hunt, Paul Lewis, Parish Baru, Todd Camahan

Carolina, an event which saw such greats as Carl Lewis, Mary Lou Retton and James Worthy make their start. After this long and memorable summer, the regular season will begin in September.

So this rather unknown sport is making the little town of Livermore quite famous in other countries. Perhaps this sport will become more popular in the years to come, and one day might even become a winning sporting event at Granada.

Windsurfing through summer

Heidi Harris

Now that summer's here, water sports such as surfing, boogie boarding, waterskiing and sailing are being seen more often. One water sport, boardsailing (or windsurfing), known to be the fastest growing sport in the world, made its debut in 1969, when invented in Marina Del Rey, California, by Hoyle Schweitzer. Boardsailing has since gained popularity and was featured in the 1984 Summer Olympics in Los Angeles.

There are three major school systems in the U.S.: the International Windsurfer Sailing Schools (IWSS), the Boardsailers Instructors Group (BIG), and Mistral. Many people aren't aware that the second largest international boardsailing school in the U.S. is right here in Livermore. Windsurf Del Valle, located at 291 So. Livermore Avenue, has 25 instructors and 2500 students certified each year. To rent a sailboard, a proficiency test must be passed. To rent anywhere in the world, a certificate issued by the International Sailing School is required.

Boardsailing can be enjoyed by men and women of all ages

and sizes. Although it may seem like more men are involved in this sport than women, the fact is, those women taught to sail have been found to learn 75% faster than men since it is a finesse sport, not a muscle sport involving strength.

Windsurfing, a cross between sailing and surfing, involves the use of a sailboard, which is a surfboard with a sail attached. Skills such as reading wind direction and being in position at the same time are essential to succeed in staying up, which is basically the main idea of windsurfing. Another skill that is taught, surprisingly, is the skill of how to fall. Learning to fall in the water and not on the board is important, since falling will usually dominate smooth sailing when beginning this sport.

If windsurfing sounds like the sport for you, classes are available at Shadow Cliffs or Del Valle covering all the basics of boardsailing. So gather up your swimsuit, waterproof sunscreen and tennis shoes and enjoy the wonderful sport of windsurfing. Happy Sailing!

